

About the Instructors

Our Instructors are American Red Cross Certified Water Safety Instructor Trainers with years of hands-on experience in the field of instruction and water safety. They are also very instrumental in the success of our popular Learn to Swim program at the Salem Community Center.



Course Requirements

- Complete all reading assignments.
- Attend and actively participate in all course sessions.
- Successfully complete class activities, including the required practice-teaching assignment.
- Score at least 80 % on the Water Safety Instructor Course final written exam.
- Demonstrate maturity and responsibility throughout the course.

Note Regarding Lost Cards

To replace a lost card or certificate for lifeguarding, first aid, CPR and/or WSI, contact the Salem Community Center.

Please provide:

Your Name

Training Course

Date and Location

Instructor's Name

Salem Community Center

1098 N. Ellsworth Avenue
Salem, OH 44460
(330) 332-5885

www.salemcommunitycenter.com

Water Safety Instructor Training 2015





Build Your Skillset

If you are at least 16 years old and a proficient swimmer, you may become an American Red Cross Water Safety Instructor. This 30-hour course will help you teach skills that may save a life. Participants will also gain excellent work experience as an aquatics professional, earn money or join a volunteer team, while you help people learn valuable skills. In addition you will learn organizational and presentation skills that will help in any career and make a difference in people's lives. Whether you want to splash around with kids, teach them to swim, help children and adults refine their strokes, or teach diving safety techniques, you can do it as an American Red Cross Water Safety Instructor.

Prerequisites

- Minimum age of 16.
- Demonstrate swimming skills by swimming the following strokes:
 - Front Crawl - 25 yards
 - Back Crawl - 25 yards
 - Breaststroke - 25 yards
 - Elem. Backstroke - 25 yards
 - Sidestroke - 25 yards
 - Butterfly - 15 yards
- Maintain position on back for 1 minute in deep water (floating or sculling).
- Tread water for 1 minute.

Class Dates and Pricing

April 27th - May 8th

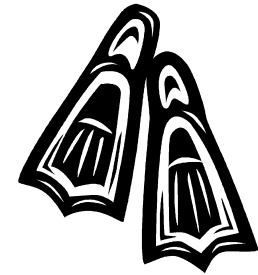
Weeknights - 5 to 8 PM

Members: \$220

Non-Members: \$260

What Else Will I Learn?

Besides teaching basic swimming skills, strokes, starts, turns and diving, there are special sections on support techniques, basic water rescue, learning and development, class planning, class organization assessment and evaluation, and techniques to provide positive feedback. Detailing the program includes customizing for disabilities by integrating fitness components with games and water activities.



Do I Need to be a Lifeguard?

No, but many places that hire WSIs require that they be lifeguards as well; you can take both classes at the SCC. Anyone with swimming skills required for Water Safety Instructor should consider taking the Lifeguard Training Courses offered at the SCC.