

Programming Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<u>1</u> 10-11A Water Aerobics 11A-12P Senior Splash 3:30-6P Piranhas	<u>2</u>
<u>4</u>	10-11A Water Aerobics 11A-12P Senior Splash 3:30-7P Piranhas	<u>5</u> 8-9A Swimming 101 10-11A Water Aerobics 3:30-7P Piranhas	<u>6</u> 10-11A Water Aerobics 11A-12P Senior Splash 11:45A-12:30P SHS PE Class 3:30-4:30P WB Track 5:30-7P Piranhas	<u>7</u> 8-9A Swimming 101 10-11A Water Aerobics 3:30-7P Piranhas	<u>8</u> 10-11A Water Aerobics 11A-12P Senior Splash POOL CLOSSES 6 PM	<u>9</u> 8:30A-12:30P Swim Lessons
<u>11</u>	10-11A Water Aerobics 11A-12P Senior Splash 3:30-7P Piranhas	<u>12</u> 8-9A Swimming 101 10-11A Water Aerobics 3:30-7P Piranhas	<u>13</u> 10-11A Water Aerobics 11A-12P Senior Splash 11:45A-12:30P SHS PE Class 5:30-7P Piranhas	<u>14</u> 8-9A Swimming 101 10-11A Water Aerobics 3:30-7P Piranhas	<u>15</u> 10-11A Water Aerobics 11A-12P Senior Splash	<u>16</u> 8:30A-12:30P Swim Lessons
<u>18</u>	7:30-9:30A Piranhas 10-11A Water Aerobics 11A-12P Senior Splash	<u>19</u> 8-9A Swimming 101 10-11A Water Aerobics 3:30-7P Piranhas	<u>20</u> 10-11A Water Aerobics 11A-12P Senior Splash 3:30-4:30P WB Track 5:30-7P Piranhas	<u>21</u> 8-9A Swimming 101 10-11A Water Aerobics 3:30-7P Piranhas	<u>22</u> 10-11A Water Aerobics 11A-12P Senior Splash 3:30-6P Piranhas	<u>23</u> 8:30A-12:30P Swim Lessons
<u>25</u>	10-11A Water Aerobics 11A-12P Senior Splash 3:30-7P Piranhas	<u>26</u> 8-9A Swimming 101 10-11A Water Aerobics 3:30-7P Piranhas	<u>27</u> 10-11A Water Aerobics 11A-12P Senior Splash 5:30-7P Piranhas	<u>28</u> 8-9A Swimming 101 10-11A Water Aerobics 3:30-7P Piranhas	<u>29</u> 10-11A Water Aerobics 11A-12P Senior Splash 3:30-6P Piranhas POOL CLOSSES 6 PM	<u>30</u> 8:30A-12:30P Swim Lessons
						<u>31</u>

- Water Aerobics takes place in lanes 3 through 6 in both the shallow and deep ends. A portion of the shallow end will be roped off for non participants. 2 lap lanes remain available.
- Senior Splash takes place in lanes 3 through 6 of the shallow end. 2 lap lanes remain available.
- Piranhas lane usage: M-T-TH 3:30 - 5p 2 lanes. M - TH 5:30 to 7p - 4 lanes. (NO REC SWIM AVAILABLE) Friday 3:30-4:30p - 1 lane. 4:30 to 6p - 3 lanes.
- **Swim Lessons:** Main Pool Deep closed 8:30-9:15A and 10:20-11:05A. Main Pool Shallow closed 9:25-11:05A. Training Pool closed 8:30-10:10A and 11:15-11:45A.
- Swimming 101 will use no more than 2 lanes.

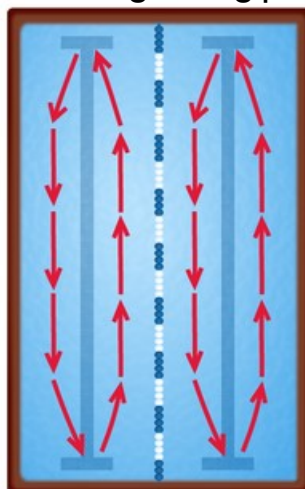
Salem Community Center

January 2015 Pool Schedule

Lap Lane Open Swim Availability

SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
8 AM - 2 PM 3 lanes	6 - 10 AM 3 lanes	6 - 8 AM 3 lanes	6 - 10 AM 3 lanes	6 - 8 AM 3 lanes	6 - 10 AM 3 lanes	8 AM - 12:30 PM 2 lanes (Limited Rec Swim)
		8 - 9 AM 1 lane		8 - 9 AM 1 lane		
	10 AM - 12 PM 2 lanes	9 - 10 AM 3 lanes	10 AM - 12 PM 2 lanes	9 - 10 AM 3 lanes	10 AM - 12 PM 2 lanes	
	12 - 3:30 PM 3 lanes	10 - 11 AM 2 lanes	12 - 5:30 PM 3 lanes	10 - 11 AM 2 lanes	12 - 3:30 PM 3 lanes	
11 AM - 3:30 PM 3 lanes		11 AM - 3:30 PM 3 lanes		3:30 - 4:30 PM 2 lanes		
	3:30 - 5:30 PM 1 lane		5:30 - 7 PM 2 lanes (No Rec)	3:30 - 5:30 PM 1 lane	4:30 - 6 PM 1 lane	12:30 - 6 PM 3 lanes
	5:30 - 7 PM 2 lanes (No Rec)		7 - 9 PM 3 lanes	5:30 - 7 PM 2 lanes (No Rec)	6 - 7 PM 3 lanes	
	7 - 9 PM 3 lanes			7 - 9 PM 3 lanes		

Please utilize circle swimming during periods of high demand



Please see reverse side for Programming Schedule.