

Schedule subject to addition/revision/deletion.

Programming Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		10-11A Water Aerobics <u>1</u>	10-11A Water Aerobics 11A-12P Silver Splash <u>2</u>	10-11A Water Aerobics <u>3</u>	CLOSED <u>4</u>	<u>5</u>
<u>6</u>	10-11A Water Aerobics 11A-12P Silver Splash 11:30A-2:30P Swim Lessons <u>7</u>	10-11A Water Aerobics 11:30A-2:30P Swim Lessons <u>8</u>	10-11A Water Aerobics 11A-12P Silver Splash 11:30A-2:30P Swim Lessons <u>9</u>	10-11A Water Aerobics 11:30A-2:30P Swim Lessons <u>10</u>	10-11A Water Aerobics 11A-12P Silver Splash <u>11</u>	<u>12</u>
<u>13</u>	10-11A Water Aerobics 11A-12P Silver Splash 11:30A-2:30P Swim Lessons <u>14</u>	10-11A Water Aerobics 11:30A-2:30P Swim Lessons <u>15</u>	10-11A Water Aerobics 11A-12P Silver Splash 11:30A-2:30P Swim Lessons <u>16</u>	10-11A Water Aerobics 11:30A-2:30P Swim Lessons <u>17</u>	10-11A Water Aerobics 11A-12P Silver Splash <u>18</u>	<u>19</u>
<u>20</u>	10-11A Water Aerobics 11A-12P Silver Splash 4-5P FIT Kids <u>21</u>	10-11A Water Aerobics <u>22</u>	10-11A Water Aerobics 11A-12P Silver Splash <u>23</u>	10-11A Water Aerobics <u>24</u>	10-11A Water Aerobics 11A-12P Silver Splash <u>25</u>	<u>26</u>
<u>27</u>	10-11A Water Aerobics 11A-12P Silver Splash <u>28</u>	10-11A Water Aerobics <u>29</u>	10-11A Water Aerobics 11A-12P Silver Splash 4-5P FIT Kids <u>30</u>	10-11A Water Aerobics <u>31</u>		

- Water Aerobics takes place in lanes 3 through 6 in both the shallow and deep ends. A portion of the shallow end will be roped off for non participants. **The diving board will be unavailable.**
- Silver Splash takes place in lanes 3 through 6 of the shallow end.
- **Swim Lessons:** Main Pool Deep closed 1:30-2:15P. Main Pool Shallow closed 12:30-1:15P. Training Pool closed 11:45A-1:15P. At least one lap lane will always be available to members.

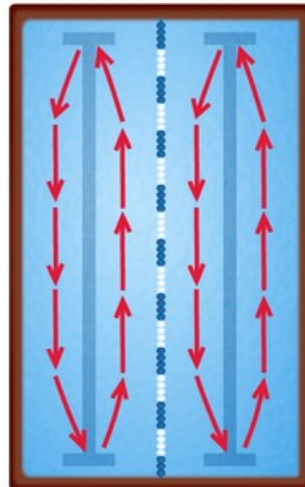
Salem Community Center

July 2014 Pool Schedule

Lap Lane Open Swim Availability

SUN.	MON.	TUES.	WED.	THURS.	FRI.	SAT.
8 AM - 2 PM 3 lanes	6 - 10 AM 3 lanes					8 AM - 6 PM 3 lanes
	10 AM - 12 PM 2 lanes	10 - 11 AM 2 lanes	10 AM - 12 PM 2 lanes	10 - 11 AM 2 lanes	10 AM - 12 PM 2 lanes	
	12 - 9 PM 3 lanes	11 AM - 9 PM 3 lanes	12 - 9 PM 3 lanes	11 AM - 9 PM 3 lanes	12 - 7 PM 3 lanes	

Please utilize circle swimming during periods of high demand



Please see reverse side for Programming Schedule.