

Programming Schedule

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----------|---|---|---|--|--|---|
| | | | | | | <u>1</u> 7:30-8:30A Swim Clinic 8:30A-12:30P Swim Lessons 2-3P Special Olympic Rental |
| <u>2</u> | <u>3</u> 10-11A Water Aerobics 11A-12P Senior Splash 5:30-7P Piranhas 6:30-8P Lifeguard Training | <u>4</u> 8-9A Swimming 101 10-11A Water Aerobics 5:30-7P Piranhas 6:30-8P Lifeguard Training 7-8P Swim Clinic | <u>5</u> 10-11A Water Aerobics 11A-12P Senior Splash 5:30-7P Piranhas 6:30-8P Lifeguard Training | <u>6</u> 8-9A Swimming 101 10-11A Water Aerobics 5:30-7P Piranhas 6:30-8P Lifeguard Training | <u>7</u> 10-11A Water Aerobics 11A-12P Senior Splash 3:30-6P Piranhas 6:30-8P Lifeguard Training | <u>8</u> 7:30-8:30A Swim Clinic 8:30A-12:30P Swim Lessons 2-3P Special Olympic Rental |
| <u>9</u> | <u>10</u> 10-11A Water Aerobics 11A-12P Senior Splash 3:30-7P Piranhas 6:30-8P Lifeguard Training | <u>11</u> 8-9A Swimming 101 10-11A Water Aerobics 3:30-7P Piranhas 6:30-8P Lifeguard Training 7-8P Swim Clinic | <u>12</u> 10-11A Water Aerobics 11A-12P Senior Splash 11:45-12:30 SHS PE 5:30-7P Piranhas 6:30-8P Lifeguard Training | <u>13</u> 8-9A Swimming 101 10-11A Water Aerobics 3:30-7P Piranhas 6:30-8P Lifeguard Training | <u>14</u> 10-11A Water Aerobics 11A-12P Senior Splash 6:30-8P Lifeguard Training | <u>15</u> 7:30-8:30A Swim Clinic 8:30A-12:30P Swim Lessons 2-3P Special Olympic Rental |
| <u>16</u> | <u>17</u> 10-11A Water Aerobics 11A-12P Senior Splash 3:30-7P Piranhas | <u>18</u> 8-9A Swimming 101 10-11A Water Aerobics 3:30-7P Piranhas 7-8P Swim Clinic | <u>19</u> 10-11A Water Aerobics 11A-12P Senior Splash 5:30-7P Piranhas | <u>20</u> 8-9A Swimming 101 11:15A-1:30P EP Student Day 10-11A Water Aerobics 3:30-7P Piranhas | <u>21</u> 10-11A Water Aerobics 11A-12P Senior Splash 3:30-6P Piranhas | <u>22</u> 7:30-8:30A Swim Clinic 8:30A-12:30P Swim Lessons 2-3P Special Olympic Rental |
| <u>23</u> | <u>24</u> 10-11A Water Aerobics 11A-12P Senior Splash 3:30-7P Piranhas | <u>25</u> 8-9A Swimming 101 10-11A Water Aerobics 3:30-7P Piranhas 7-8P Swim Clinic | <u>26</u> 7:30-9:30A Piranhas 10-11A Water Aerobics 11A-12P Senior Splash | <u>27</u> CLOSED | <u>28</u> 10-11A Water Aerobics 11A-12P Senior Splash | <u>29</u> 7:30-8:30A Swim Clinic 2-3P Special Olympic Rental |
| <u>30</u> | | | | | | |

- Water Aerobics takes place in lanes 3 through 6 in both the shallow and deep ends. A portion of the shallow end will be roped off for non participants. 2 lap lanes remain available.
- Senior Splash takes place in lanes 3 through 6 of the shallow end. 2 lap lanes remain available.
- Piranhas lane usage: M-T-TH 3:30 - 5p 2 lanes. M - TH 5:30 to 7p - 4 lanes. (NO REC SWIM AVAILABLE) Friday 3:30-4:30p - 1 lane. 4:30 to 6p - 3 lanes.
- The Adult Swim Clinic will use 4 lanes.
- Swim Lesson Pool Usage: Training Pool Closed: 8:30-9:15A and 11:15-11:45A. Main Pool Shallow Closed 9:25-11:05A. Main Pool Deep Closed 8:30-9:15A.

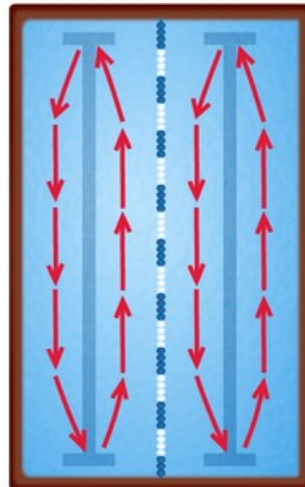
Salem Community Center

November 2014 Pool Schedule

Lap Lane Open Swim Availability

| SUN. | MON. | TUES. | WED. | THURS. | FRI. | SAT. |
|------------------------|--------------------------|----------------------------|--------------------------|----------------------------|---------------------------|------------------------|
| 8 AM - 2 PM 3 lanes | 6 - 10 AM 3 lanes | 6 - 8 AM 3 lanes | 6 - 10 AM 3 lanes | 6 - 8 AM 3 lanes | 6 - 10 AM 3 lanes | 8 AM - 9 AM 2 lanes |
| | | 8 - 9 AM 2 lanes | | 8 - 9 AM 2 lanes | | |
| | 10 AM - 12 PM 2 lanes | 9 - 10 AM 3 lanes | 10 AM - 12 PM 2 lanes | 9 - 10 AM 3 lanes | 10 AM - 12 PM 2 lanes | 9 AM - 6 PM 3 lanes |
| | 12 - 3:30 PM 3 lanes | 10 - 11 AM 2 lanes | 12 - 5:30 PM 3 lanes | 10 - 11 AM 2 lanes | 12 - 3:30 PM 3 lanes | |
| | 3:30 - 5 PM 1 lane | 11 AM - 3:30 PM 3 lanes | | 11 AM - 3:30 PM 3 lanes | | |
| | 5 - 7 PM 2 lanes | 3:30 - 5 PM 1 lane | 5:30 - 7 PM 2 lanes | 3:30 - 5 1 lane | 3:30 - 4:30 PM 2 lanes | |
| | 7 - 9 PM 3 lanes | 5 - 9 PM 2 lanes | 7 - 9 PM 3 lanes | 5 - 9 PM 2 lanes | 4:30 - 6 PM 1 lane | |

Please utilize circle swimming during periods of high demand



Please see reverse side for Programming Schedule.